

Music Family Night

Dinner Shopping List:

your dinner of choice
Flat marshmallows or sticks of cheese
Chocolate bar, brown or black stick candy
Graham crackers or crackers of choice
Peanut butter, honey or choice of sticky food

Craft Supply List (per person):

2 – tongue depressors/large craft stick
1 – thick rubberband
2 – small rubberbands
2 – strips of paper same size as tongue depressor
Crayons, stickers

Activity List:

Musical instruments (ex. Tambourine, drum, maraca, harmonica, kazoo, xylophone)
CD player or iPod w/ assorted music

Dessert: S'more Music

- Cut strips of marshmallow or cheese
- Break chocolate into strips
- Use graham cracker as the base and cover with peanut butter or something sticky
- Use a piano picture as a template to lay out the white and black keys made of your ingredients
- Eat and Enjoy

Craft: Handmade Harmonicas (15 min)

- Color craft stick or apply stickers (do not use markers because they will come off on lip)
- Stack sticks together
- Wrap paper perpendicular to the sticks. Wrap all the way around.
- Cover paper with a layer of clear tape
- Remove one of the sticks so that the paper tubes are on only one stick
- Use large rubberband and stretch lengthwise from end to end over the 2 paper tubes
- Stack the other stick back on top
- Use smaller rubberbands to secure sticks together at both ends
- Blow through sticks in between the paper tubes.
- Sliding the tubes in and out will change the pitch

Alternate Crafts:

- Shoebox guitar (shoebox, rubberbands, craft sticks)
- toilet paper roll shakers (cardboard tube, beans, paper/fabric, rubberband)

Activity Choices:

- Name that tune
- Family Band (each have different instrument and play together)
- Use an App to create your own song

Movie: Mr. Holland's Opus, High School Musical, The Music Man