

March Madness 2

Dinner Shopping List:

Food for your dinner bracket
(4 veggies, 4 fruits, 4 breads, 4 meats)
Sugar cookie mix or favorite dessert

Activity:

Play basketball
Basketball obstacle course

Craft Supply List:

White t-shirt
Paint/Markers/Paint brushes
Letter/number stamps optional
Paper cups
Cardboard/Paper
Orange pipe cleaner

Dinner & Dessert: Dinner Bracket

Fill in the blank bracket with foods of your choice (fruit, veggie, bread, meat) or use the completed bracket for food suggestions. As a family, play basketball to win each bracket choice. First one to score gets to pick one food to move down into the next section. The final 4 food selections will be dinner.

Dessert – Whoever won the most goals in the Dinner Bracket gets to choose dessert. Orange sherbet is always a good option. -make sugar cookies and decorate like basketballs

Craft:

Make a Jersey

Let each child make their own basketball jersey. Use a plain white shirt and either paint brushes or your hands to decorate your jersey.

Mini Basketball goals

Cut the bottom out of a paper cup, decorate and then stand cup on rim. Use a small hacky sack type ball or crumple up paper or foil into a ball shape. Try to make as many goals in a row as you can.

Cardboard Backboard

Cut out a square of cardboard (cereal box sides also work well). Glue a square piece of white paper to the cardboard. Draw a square with the top near the center. Use an orange pipe-cleaner and poke through the cardboard to make the goal.

Activity:

Game on!

Shoot hoops inside or outside or set up an obstacle course to run with a basketball. You could even play a basketball video game if you choose. Whatever is it, make sure everyone gets a turn and you are enjoying your time as a family.

There are several sites with word searches, games and printable basketball sheets. Here are a few options, just search basketball. Homeschooling.about.com or Ehow.com